



# 2025 RAI Core Course List



IOWA STATE  
UNIVERSITY

University of  
**Northern Iowa**

THE UNIVERSITY  
OF IOWA

Admission of freshmen to the Iowa Regent universities is based on the Regent Admission Index (RAI) formula described below. In addition, applicants must meet the minimum high school course requirements for the university they wish to enter.

- (3 x ACT composite score)
- + (30 x high school GPA)
- + (5 x number of years of high school core courses)

*Note:* For purposes of calculating the RAI, SAT scores will be converted to ACT composite equivalents, 4.00 is the top value for GPA, and the number of high school core courses completed is expressed in terms of years or fractions of years (e.g., one semester equals 0.5 year). Applicants who do not possess all required factors will be evaluated on an individual basis by the Regent universities to which they apply.

Freshman applicants who achieve at least a 245 RAI score and who meet the minimum number of high school courses required by the Regent universities will qualify for automatic admission to any of the three Regent universities. Freshman applicants who achieve less than a 245 RAI score may also be admitted to a specific Regent university; however, each Regent university will review these applications on an individual basis and the admission decision will be specific to each institution.

Regent Admission Index Score

**VAN METER JR-SR HIGH SCHOOL, VAN METER, CORE COURSES APPROVED FOR RAI**  
*Source: 2024-2025 SRI Winter data. (Note: course numbers in parentheses refer to community college course numbers.)*

English	Yrs*	Math	Yrs*	Science	Yrs*	Social Studies	Yrs*	World Languages	Yrs*	Computer Science	Yrs*
American Lit since Mid-1800's [LIT111]	0.5	Adv Math	1	Anatomy	1	African American History [HIS257]	0.5	French 1	1		
AP Lang & Comp	1	Calculus I [MAT211]	0.5	AP Adv Biology	1	AP U.S. History	0.5	Intermediate Spanish I [FLS241]	0.5		
Children's Lit [LIT105]	0.5	Integrated Math 1 (Alg I)	1	Astronomy	1	Criminology [CRJ200]	0.5	Intermediate Spanish II [FLS242]	0.5		
Composition I [ENG105]	0.5	Integrated Math 2 (Geo)	1	Biology	1	Developmental Psychology [PSY121]	0.5	Intro to Spanish Novice	1		
Composition II [ENG106]	0.5	Integrated Math 3 (Alg 2)	1	Biotechnology	0.5	Encounters in Humanities [HUM116]	0.5	Spanish Intermediate	1		
Contemp Lit [LIT185]	0.5	Statistics [MAT157]	0.5	Chemistry	1	Intro to Ethics [PHI105]	0.5	Spanish Novice	1		
Creative Writing	0.5			Environmental Science	1	Intro to Film [HUM120]	0.5	Spanish Novice High	1		
Creative Writing [ENG221]	0.5			Env Sci Lab [ENV116]	0.5	Intro to Psychology [PSY111]	0.5	Spanish Novice Mid	1		
English 1	1			Env Sci [ENV115]	0.5	Intro to Sociology [SOC110]	0.5				
English 2	1			Physical Science	1	Macroeconomics	0.5				
English 3	1			Physics	1	Marriage & Family [SOC120]	0.5				
Fund of Oral Comm [SPC101]	0.5			Plant Science	0.5	Microeconomics	0.5				
Interpersonal Comm [SPC122]	0.5			Sustainable Living [ENV103]	0.5	Principles of Microecon [ECN130]	0.5				
Intro to Lit [LIT101]	0.5			Wildlife Ecology	0.5	Social Problems [SOC115]	0.5				
Modern Literature	1					Social Sciences	1				
Mythology [LIT180]	0.5					Stress & Stress Management [PSY172]	0.5				
Women Writers [LIT190]	0.5					Survey of World Religions [REL101]	0.5				
Young Adult Literature	0.5					U.S. Government	0.5				
						U.S. History	1				

**VAN METER JR-SR HIGH SCHOOL CORE COURSES APPROVED FOR RAI (cont.)**

Source: 2024-2025 SRI Winter data. (Note: course numbers in parentheses refer to community college course numbers.)

English	Yrs* Math	Yrs* Science	Yrs* Social Studies	Yrs* World Languages	Yrs* Computer Science	Yrs*
			Wstrn Civ: Early Modern to Present [HIS111]	0.5		
			World History	1		
			World Wars	1		
<b>Total English</b>	<b>Total Math</b>	<b>Total Science</b>	<b>Total Social Studies</b>	<b>Total World Languages</b>	<b>Total Computer Science</b>	

\* The numbers in this column should be multiplied by 5 to determine the number of RAI points awarded for the course.

Updated: 7/16/2025