



2025 RAI Core Course List



IOWA STATE
UNIVERSITY

University of
Northern Iowa

THE UNIVERSITY
OF IOWA

Admission of freshmen to the Iowa Regent universities is based on the Regent Admission Index (RAI) formula described below. In addition, applicants must meet the minimum high school course requirements for the university they wish to enter.

Note: For purposes of calculating the RAI, SAT scores will be converted to ACT composite equivalents, 4.00 is the top value for GPA, and the number of high school core courses completed is expressed in terms of years or fractions of years (e.g., one semester equals 0.5 year). Applicants who do not possess all required factors will be evaluated on an individual basis by the Regent universities to which they apply.

Freshman applicants who achieve at least a 245 RAI score and who meet the minimum number of high school courses required by the Regent universities will qualify for automatic admission to any of the three Regent universities. Freshman applicants who achieve less than a 245 RAI score may also be admitted to a specific Regent university; however, each Regent university will review these applications on an individual basis and the admission decision will be specific to each institution.

- (3 x ACT composite score)
- + (30 x high school GPA)
- + (5 x number of years of high school core courses)

Regent Admission Index Score

SPIRIT LAKE HIGH SCHOOL, SPIRIT LAKE, CORE COURSES APPROVED FOR RAI

Source: 2024-2025 SRI Winter data. (Note: course numbers in parentheses refer to community college course numbers.)

English	Yrs*	Math	Yrs*	Science	Yrs*	Social Studies	Yrs*	World Languages	Yrs*	Computer Science	Yrs*
Composition I [ENG105]	0.5	Algebra 1	1	Biology	1	American Government	1	Intermediate Spanish I [FLS241]	0.5	Robotics CS	0.5
Composition II [ENG106]	0.5	Algebra 2	1	Chemistry	1	American History	1	Intermediate Spanish II [FLS242]	0.5		
Creative Writing [ENG221]	0.5	Calculus I [MAT210]	0.5	Geophysical Science	1	Criminology [CRJ200]	0.5	Spanish 1	1		
English IV: Real World 1	0.5	Geometry	1	Human Anat & Phys I [BIO168]	0.5	Developmental Psychology [PSY121]	0.5	Spanish 2	1		
English IV: Rhetoric 2	0.5	Pre-Calculus Trigonometry	1	Human Anat & Phys II [BIO173]	0.5	Economics	0.5	Spanish 3	1		
English Level 1	1	Statistics	1	Intro to Physical Sci [PHS113]	0.5	Geography 1	0.5	Spanish 4	1		
English Level 2	1			Meteorology, Weather & Climate [PHS166]	0.5	Geography 2	0.5				
English Level 3	1			Physics	1	Intro to Ethics [PHI105]	0.5				
Fund of Oral Comm [SPC101]	0.5					Intro to Philosophy [PHI101]	0.5				
Interpersonal Comm [SPC122]	0.5					Intro to Political Sci [POL110]	0.5				
Intro to Lit [LIT101]	0.5					Intro to Psychology [PSY111]	0.5				
Novels 1	0.5					Intro to Sociology [SOC110]	0.5				
Novels 2	0.5					Iowa History [HIS201]	0.5				
Public Speaking [SPC112]	0.5					Marriage & Family [SOC120]	0.5				
Young Adult Lit [LIT184]	0.5					Modern World History	1				
						Psychology	0.5				

SPIRIT LAKE HIGH SCHOOL CORE COURSES APPROVED FOR RAI (cont.)

Source: 2024-2025 SRI Winter data. (Note: course numbers in parentheses refer to community college course numbers.)

English	Yrs* Math	Yrs* Science	Yrs* Social Studies	Yrs* World Languages	Yrs* Computer Science	Yrs*
			Social Problems [SOC115]	0.5		
			Sociology	0.5		
			Survey of World Religions [REL101]	0.5		
			U.S. History Since 1877 [HIS152]	0.5		
			U.S. History to 1877 [HIS151]	0.5		
			Wstrn Civ: Ancient to Early Modern [HIS110]	0.5		
			Wstrn Civ: Early Modern to Present [HIS111]	0.5		
			World Regional Geography [GEO121]	0.5		
Total English	Total Math	Total Science	Total Social Studies	Total World Languages	Total Computer Science	

* The numbers in this column should be multiplied by 5 to determine the number of RAI points awarded for the course.

Updated: 7/16/2025